

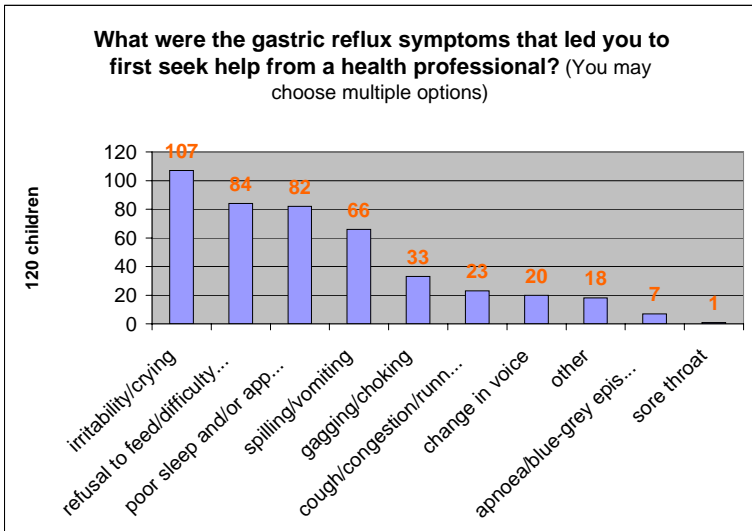
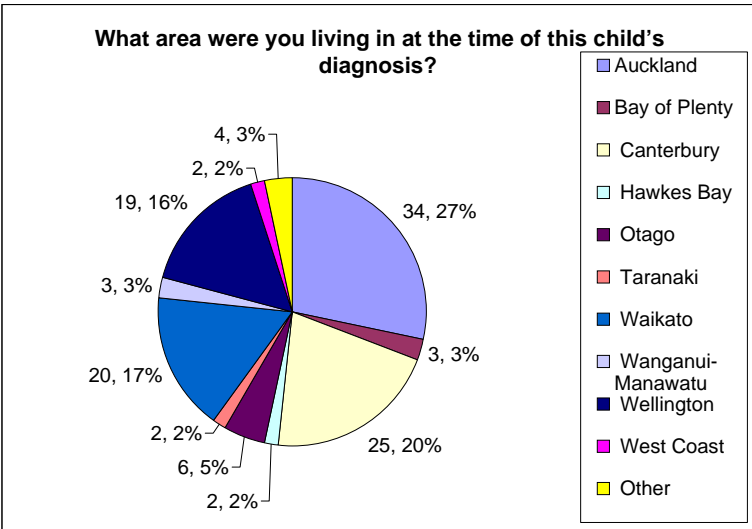
INFANT GASTRIC REFLUX DISEASE SURVEY RESULTS



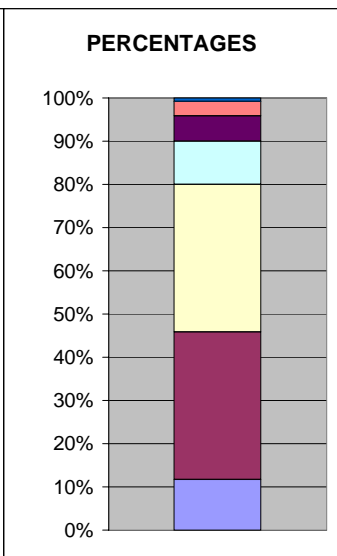
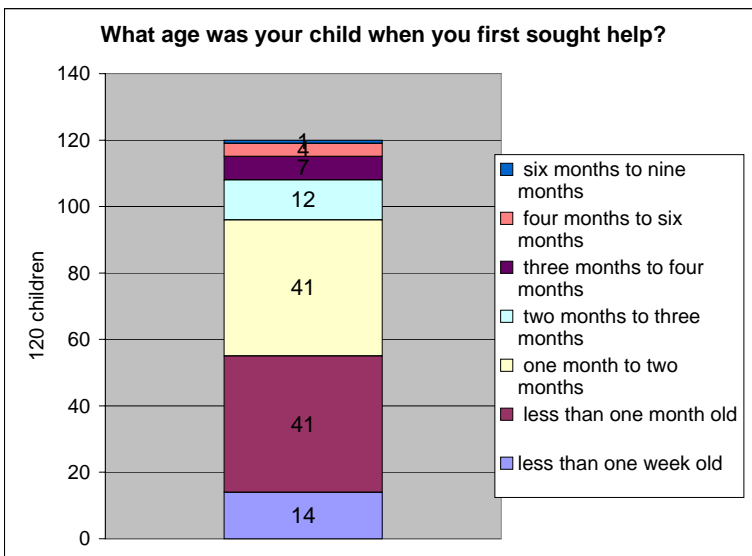
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 0800 380 517
 (07) 855 9350
 admin@cryingoverspiltmilk.co.nz

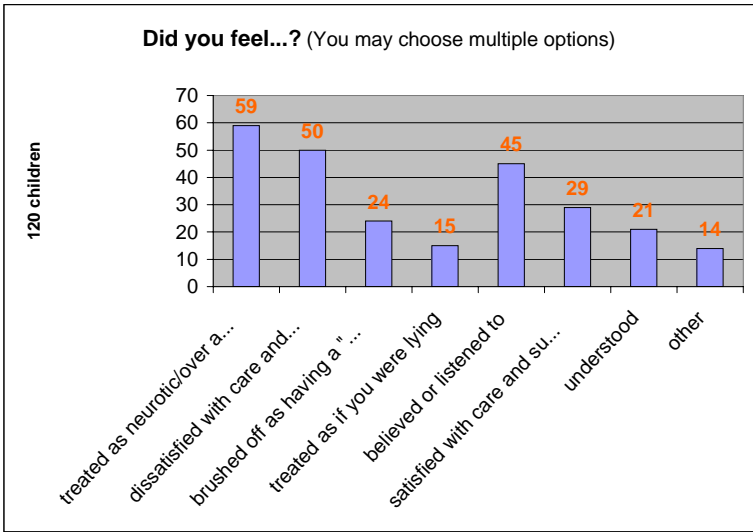
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ACKNOWLEDGEMENTS:
 GRNNSZ coffee group convenors
 Dr Rodney Ford, Community Paediatrician
 www.whatsthathum.co.nz (Survey database)

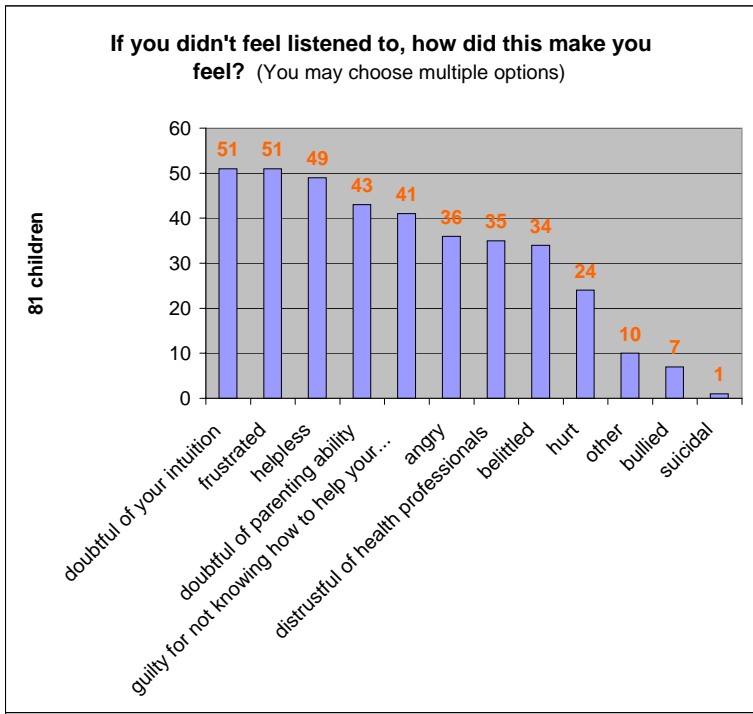


irritability/crying
 refusal to feed/difficulty feeding
 poor sleep and/or appeared tired
 spilling/vomiting
 gagging/choking
 cough/congestion/runny nose
 change in voice
 other
 apnoea/blue-grey episodes
 sore throat

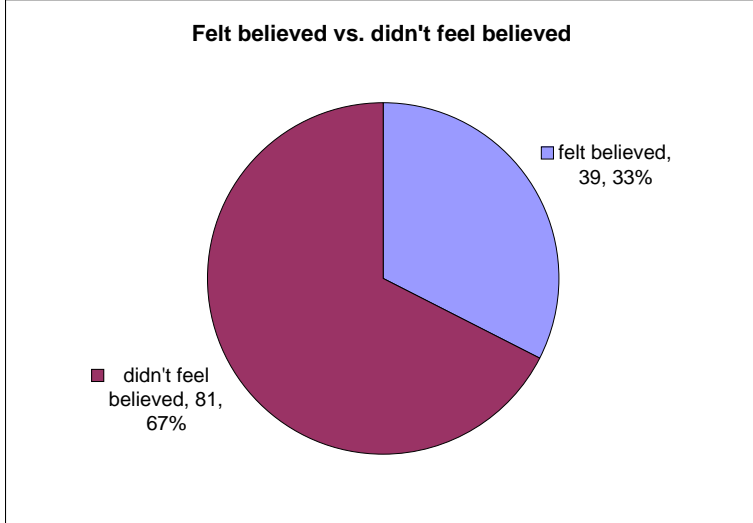


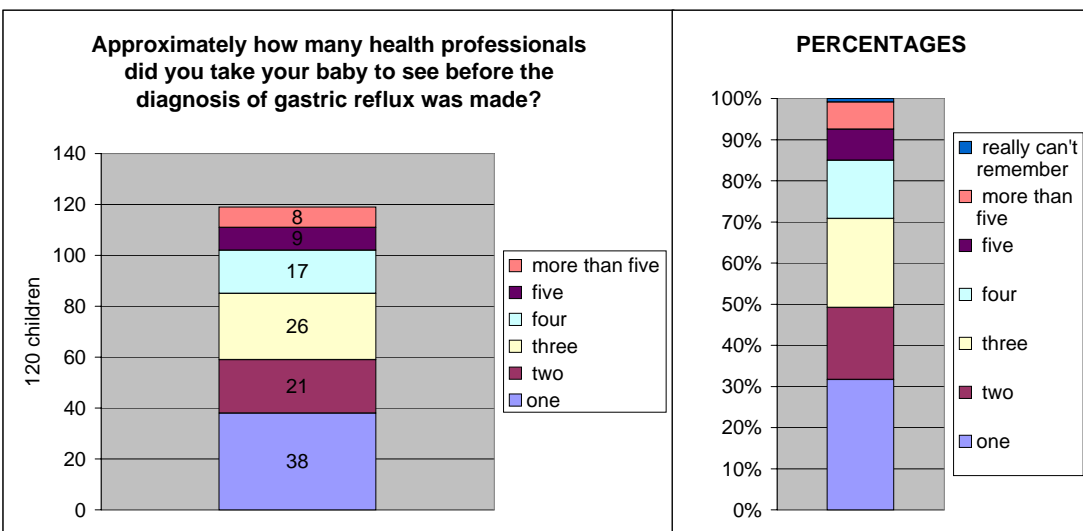
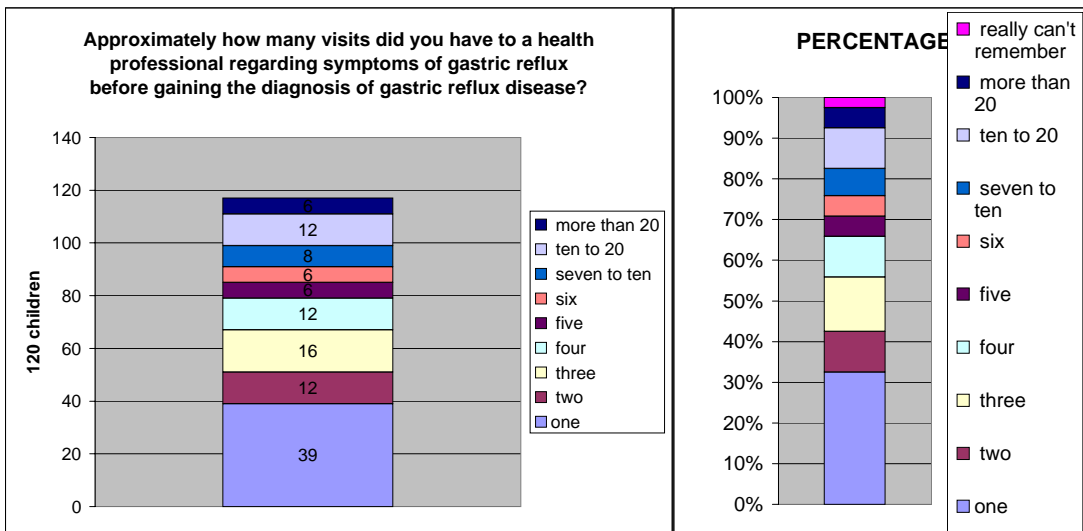
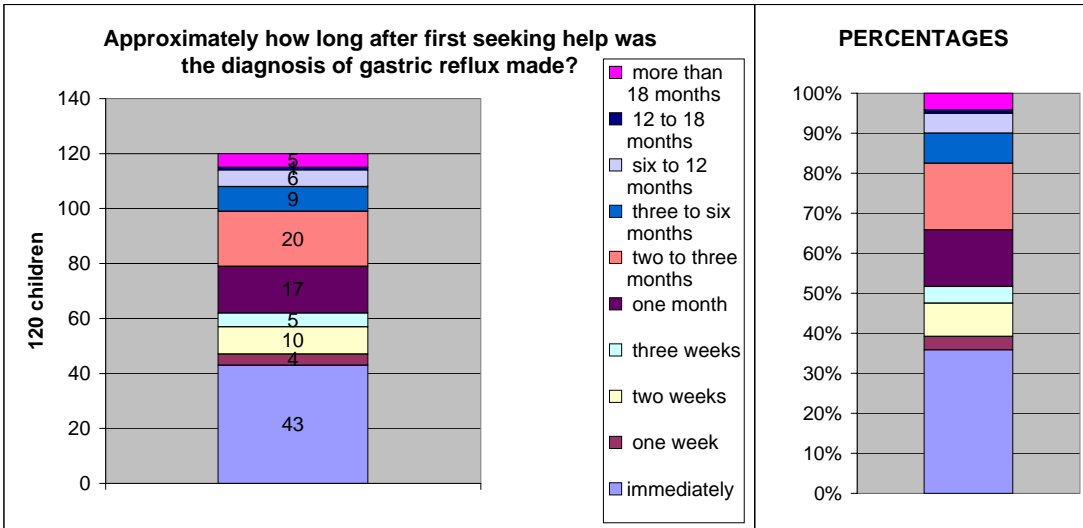


treated as neurotic/over anxious
 dissatisfied with care and support offered
 treated as if you were lying
 brushed off as having a "naughty" baby
 believed or listened to
 satisfied with care and support offered
 understood
 other

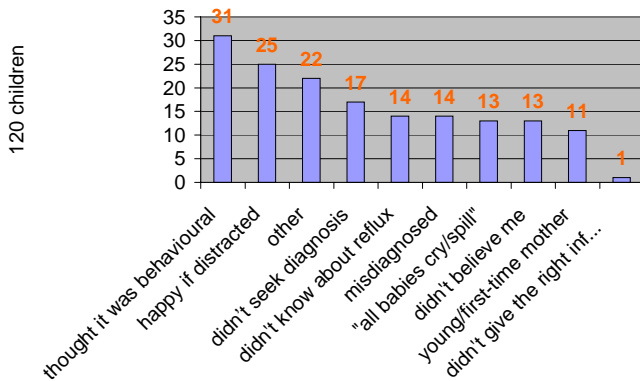


doubtful of your intuition
 frustrated
 helpless
 doubtful of parenting ability
 guilty for not knowing how to help your
 own baby
 angry
 distrustful of health professionals
 belittled
 hurt
 other
 bullied
 suicidal
 not applicable (i.e. felt believed)



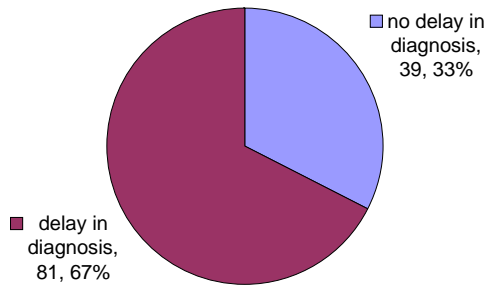


If there was a delay in diagnosis (four weeks or more) of gastric reflux, why do you think this was? (You may choose multiple options)

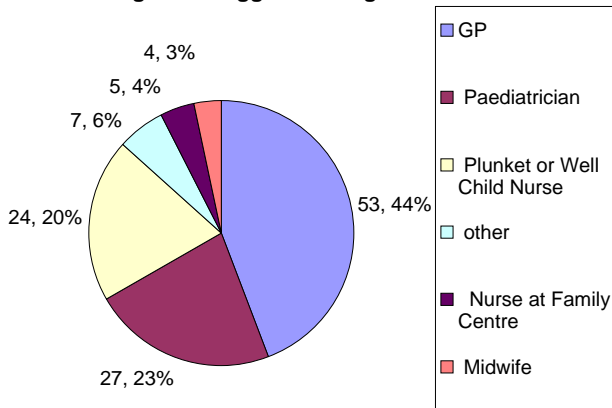


- * health professional **thought it was behavioural**
- * baby always appeared **happy when distracted**
- * other
- * **I didn't seek a diagnosis** as I was told by family/friends/health professionals that the symptoms were all normal for a baby
- * health professional **didn't know about reflux**
- * child was **misdiagnosed with another** medical condition
- * "all babies cry/spill"
- * health professionals **didn't believe me**
- * health professionals didn't believe me as I was young or a first-time mother
- * I didn't give the health professional the right information

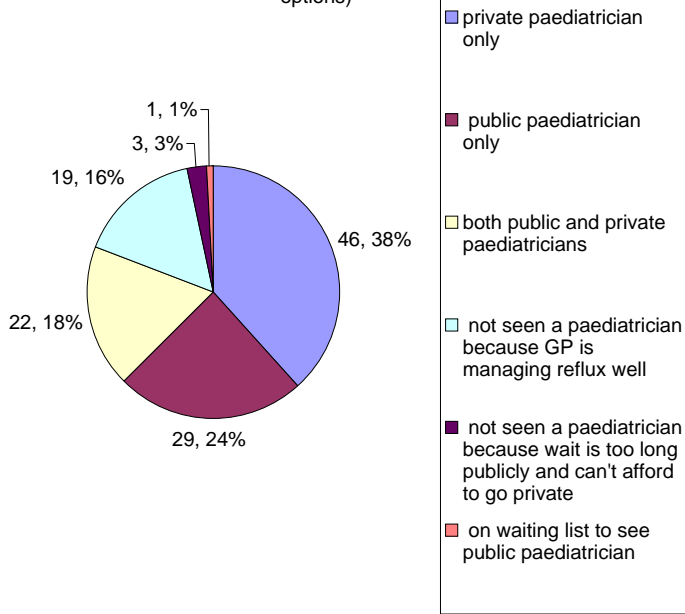
Delay in diagnosis (four weeks or more) of gastric reflux?



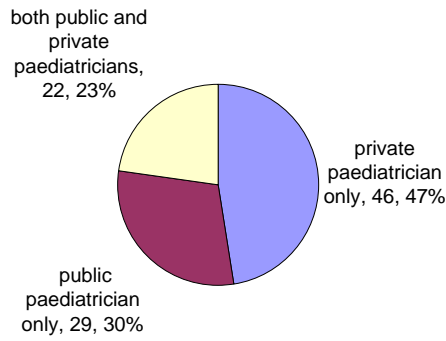
Which health professional first made the diagnosis/suggestion of gastric reflux?



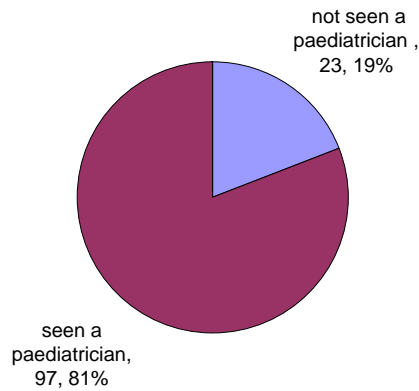
Is/has your child seen a...? (You may choose multiple options)

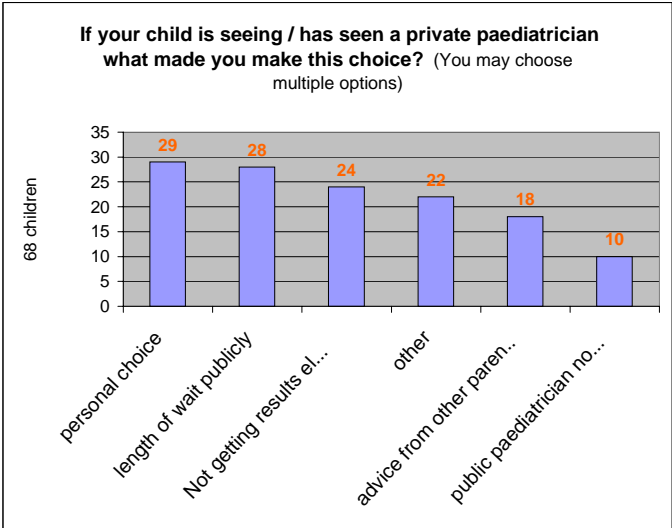


Of those who saw a paediatrician ...% saw a

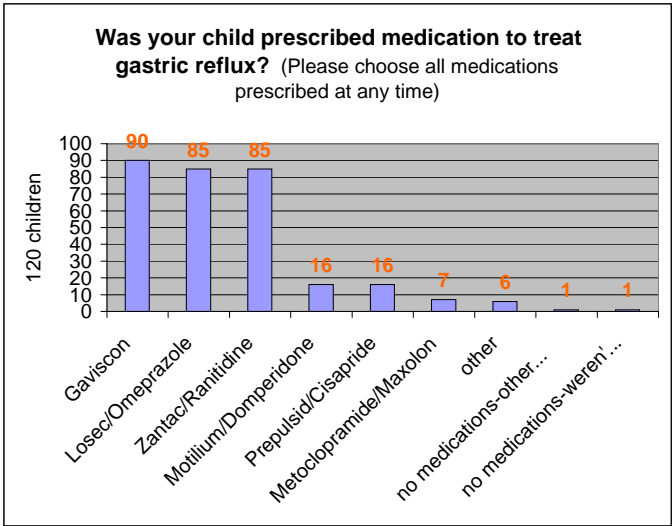


Is/has your child ...

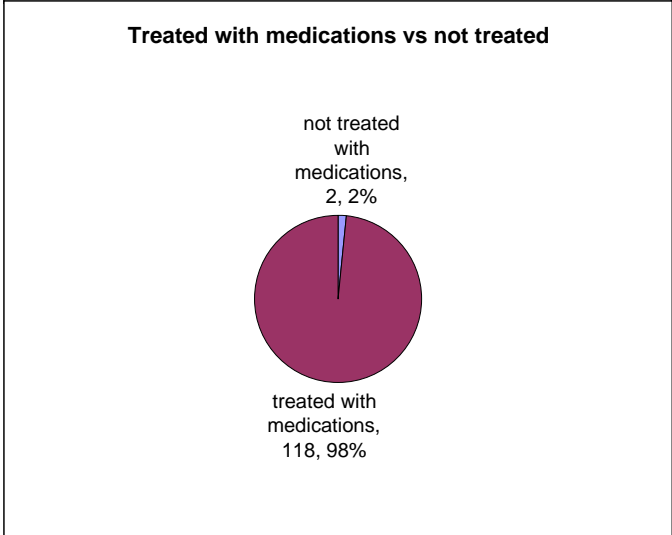




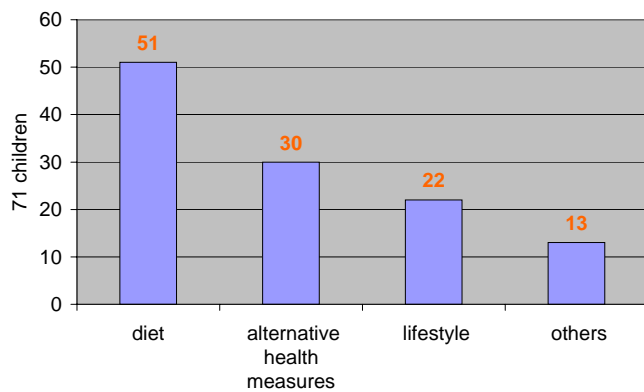
personal choice
length of wait publicly
Not getting results elsewhere
advice from other parents of who is best to see
other
public paediatrician not helpful



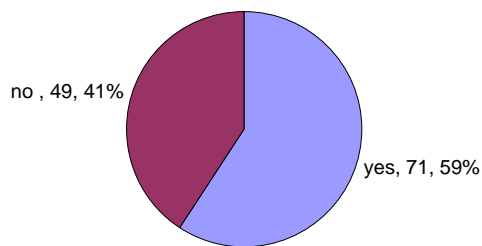
Gaviscon
Losec/Omeprazole
Zantac/Ranitidine
Motilium/Domperidone
Prepulsid/Cisapride
Metoclopramide/Maxolon
other
no medications prescribed as reflux was controlled by other methods
no medications prescribed as doctor believed that they weren't indicated



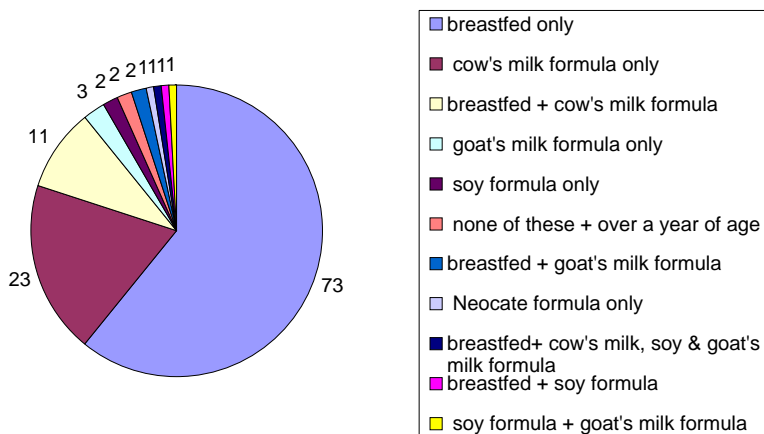
What non-medical interventions/treatments were you told about by a health professional? (You may choose multiple options)



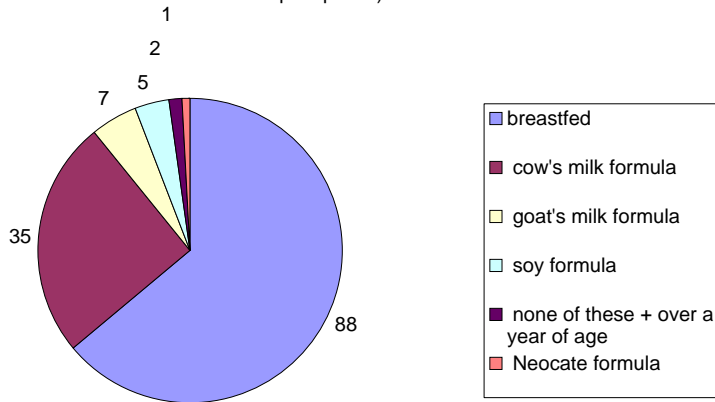
Were you advised of non-medical interventions/treatments that might improve gastric reflux symptoms by a health professional?



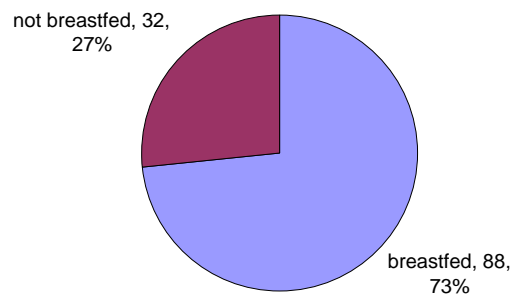
Methods of feeding (milk) at the time of diagnosis?



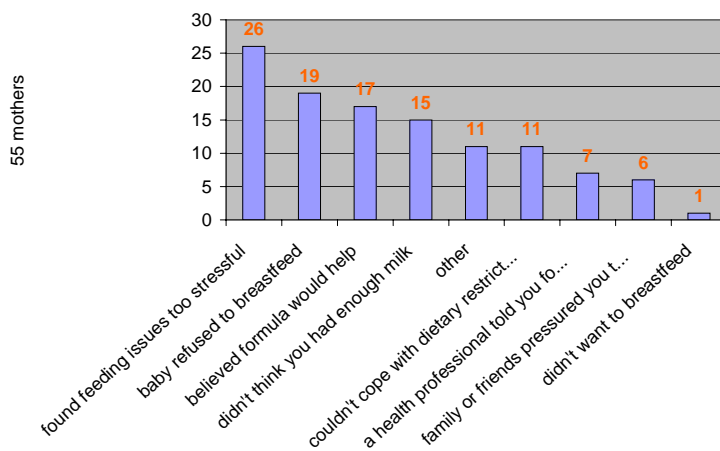
Methods of feeding at time of diagnosis (You may choose multiple options)



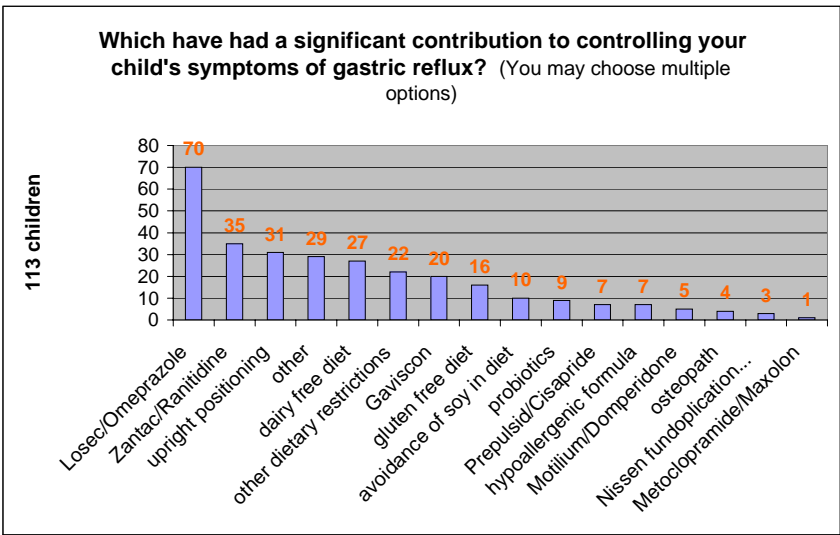
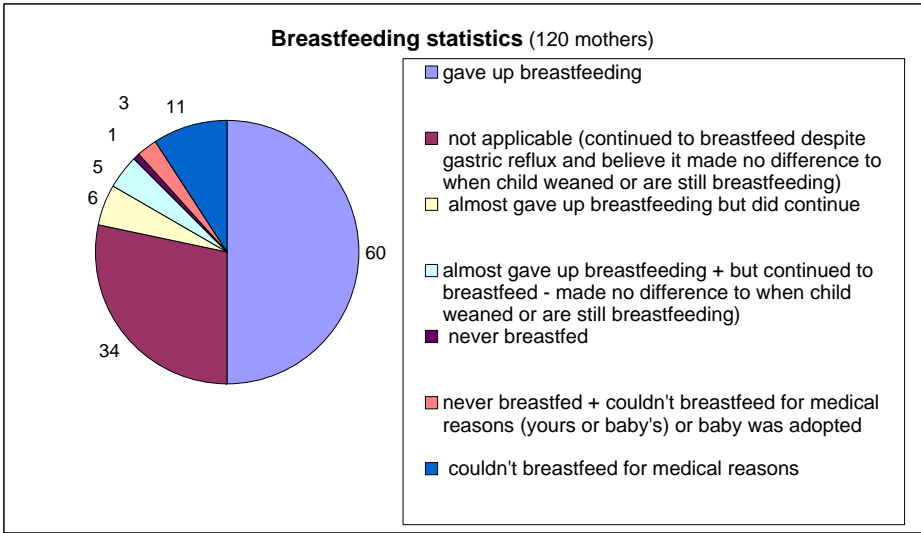
At time of diagnosis...



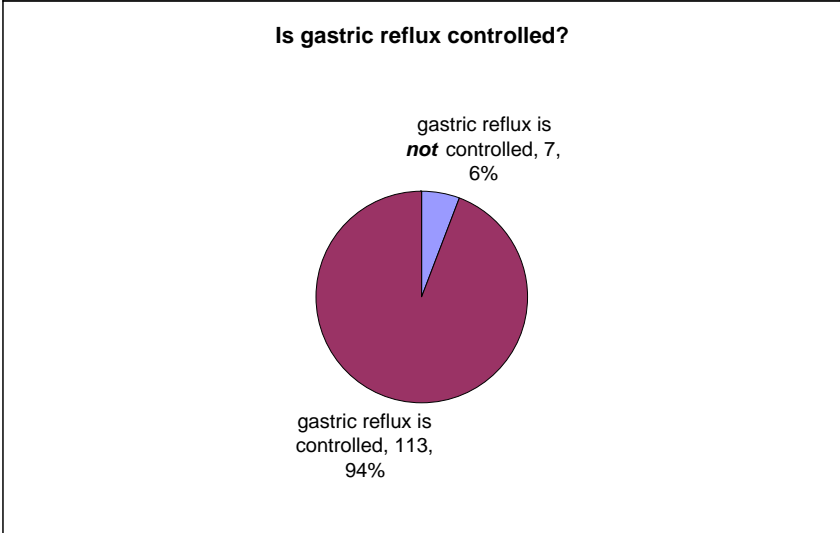
Did you give up breastfeeding because you ...? (You may choose multiple options)



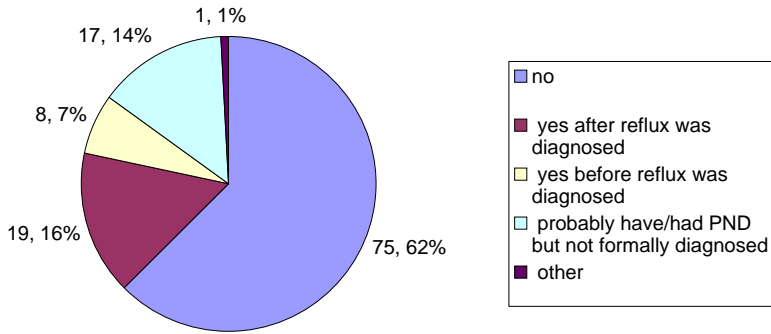
- * found feeding issues too stressful
- * baby refused to breastfeed
- * believed formula would help
- * didn't think you had enough milk
- * other
- * couldn't cope with dietary restrictions
- * a health professional told you formula would help
- * family or friends pressured you to give up breastfeeding
- * didn't want to breastfeed



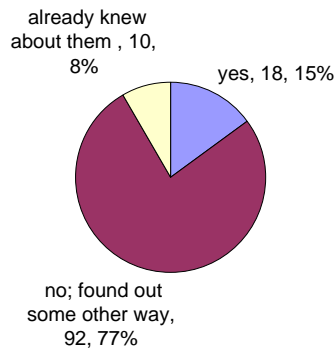
- Losec/Omeprazole
- Zantac/Ranitidine
- upright positioning
- other
- dairy free diet
- other dietary restrictions (including...)
- Gaviscon
- gluten free diet
- avoidance of soy in diet
- probiotics
- Prepulsid/Cisapride
- hypoallergenic formula
- Motilium/Domperidone
- osteopath
- Nissen fundoplication surgery
- Metoclopramide/Maxolon



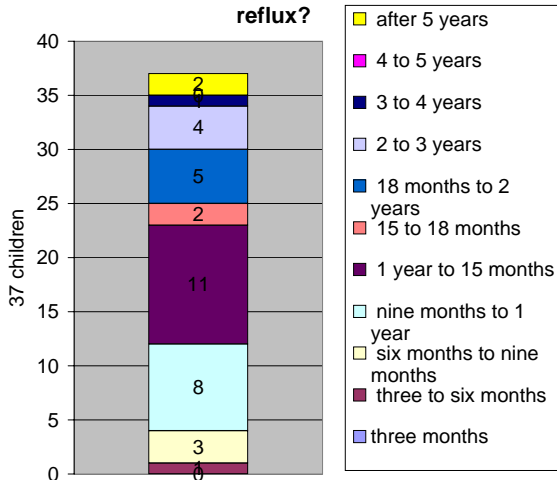
Have you been diagnosed with post natal depression?



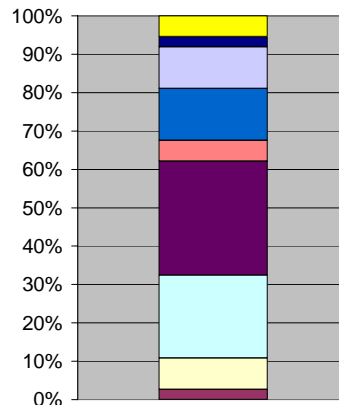
Did a health professional tell you about GRSNNZ/Crying Over Spilt Milk/GRASP around the time of diagnosis?

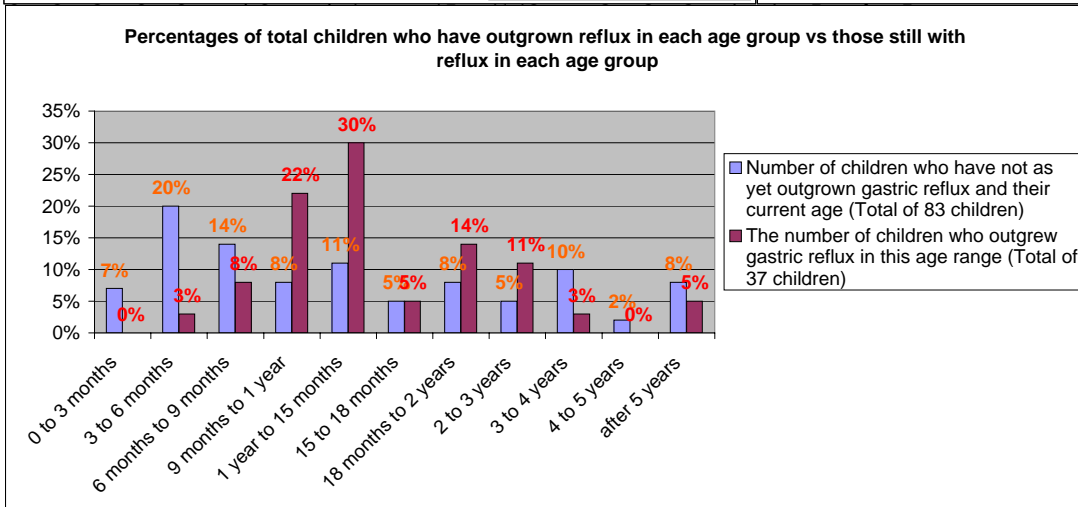
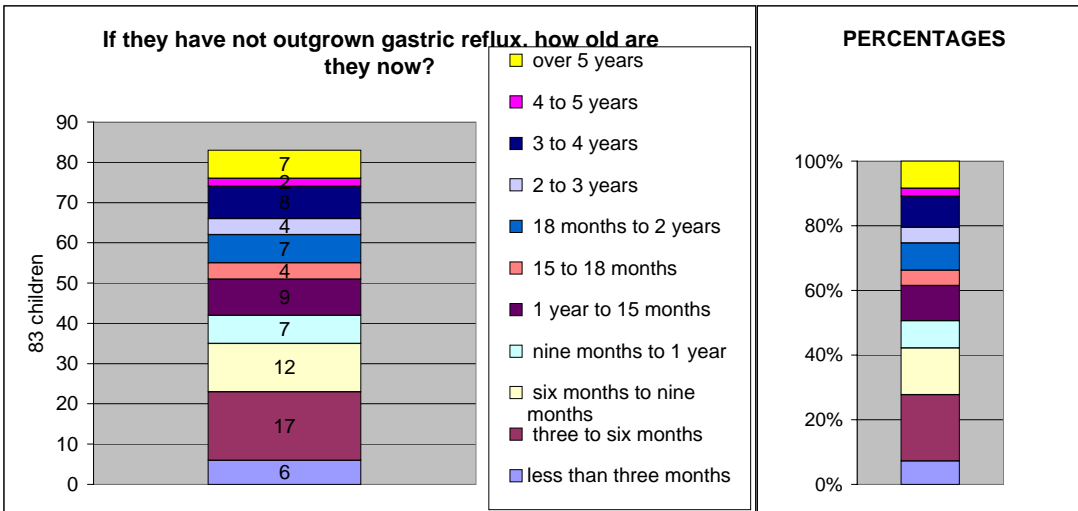


What age did your child outgrow gastric reflux?

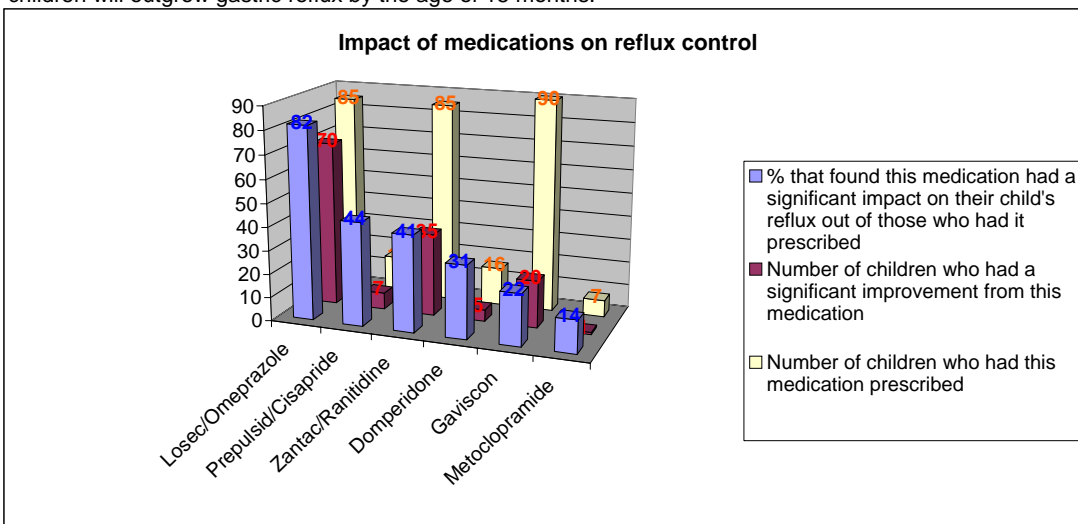


PERCENTAGE





Therefore the majority of children with gastric reflux still are aged 3-6 months and the majority who have outgrown gastric reflux outgrew it between the ages of 1 year to 15 months. 67% of the children who outgrew gastric reflux, did this by 15 months of age. 61% or 51 children who have not yet outgrown gastric reflux are under the age of 15 months, so in theory 34 of these children will outgrow gastric reflux by the age of 15 months.



Survey written and results compiled by Roslyn (Roz) Ballantyne (RN), Regional Coordinator for © Crying Over Spilt Milk Gastric Reflux Support Network New Zealand for Parents of Infants & Children Charitable Trust November 2006. www.cryingoverspiltmilk.co.nz

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